



Summertime Fun Can Be Just That....Fun!

Every summer people of all ages go to the lake or local pool to cool off and have fun, but sometimes they make unwise choices that result in tragedy. The River Forest Fire Department would like you to review the following safety information to prepare you and your family with safety tips in, on and around water this summer.

Did you know?

- Although incidents of accidental drowning have been going down in recent years, an average of 2 children ages 14 and under still drown every day.
- Drowning is the second leading cause of unintentional death among children ages 1 to 14 years. For infants less than 1 year, drowning is the third leading cause of death.
- On average, 10 children 14 years and under are injured every day due to near drowning incidents.
- Illinois is one of ten states that have safety laws requiring some type of fencing around residential swimming pools.

Here are eight safety rules to follow:

1. Maintain Close Supervision: Stay within site and reach of children.
2. Get Trained: Teach kids and adults to swim and enroll and learn CPR.
3. Wear your Lifejacket: The best lifejacket or Personal Floating Device (PFD) is the one you wear!!
4. Be Aware: Before entering the water—Stop, Look, and Go Slow! Check for depth and other hazards.
5. Be a Safe Boater: Have all Safety Equipment up to date and Present on the boat! Alcohol and Boating Don't Mix!!
6. Help: Know how and when to call 911 for help.
7. Educate: Learn how to be safe and be a Roll Model for your children.
8. Security: Secure your pool with a fence—no matter what size.

For more information on Pool Safety visit usa.safekids.org

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